



The My Stutter Project

**Builds Confidence,
Communication, and
Community**

BUILDING AN ONLINE COMMUNITY

The My Stutter Project offers a brave online space for young people who stutter to make friends with others who understand what they're going through. They'll use this creative outlet to share their stories and learn new ways of advocating for themselves. This online program offers community, support, and creative workshops for young people who stutter worldwide.

This program is open to all young people who stutter, ages 8-18. There is no charge to participate; all you need is an internet connection. At this time, all sessions will be led in English.



"Since our child joined SAY, our experience has been truly rewarding. His confidence has really blossomed, especially when it comes to expressing himself. SAY has helped him embrace who he is, and we have seen him step outside his comfort zone."

— SAY Parent



EXPRESS YOUR VOICE

Over the course of the program, The My Stutter Project offers weekly Zoom sessions that blend creative arts, personal storytelling, and skill-building to help each participant find their voice in a supportive, nurturing environment.

At the culmination of the program, participants showcase their artistic work and presentations to an audience of friends and family. This final gathering celebrates their talents and stories while reinforcing the connections and confidence they have built throughout the program.

The success of the My Stutter Project continues to mark a significant step in SAY's mission to provide accessible, impactful support for young people who stutter, wherever they are in the world.



"I'll never forget the radiant smile and expression on our child's face, as he ran out of the room after participating, for the first time, in an online program offered by SAY...Our son, at last, was no longer the only one who stutters. He was a part of a community of people who knew, almost exactly, how he felt. Who related. Who cared."

— SAY Parent

CREATE A COMMUNITY OF SUPPORT

The My Stutter Project curriculum is rooted in a deep understanding of the needs of young people who stutter. We believe in using the Arts to ignite the power of deep listening, connection, support, and self-expression. We are committed to creating a fun, inspiring virtual environment where participants feel empowered to express themselves and have as much time as they need to speak.

MEET THE TEAM



TRAVIS ROBERTSON

Artistic Director

Travis is a person who stutters with a background of being a professional actor for more than a decade, performing in award-winning Broadway productions of the Book of Mormon, Hairspray, Mamma Mia, and South Pacific. He started his incredible journey with SAY in 2002, formally becoming a Teaching Artist in 2008. His various positions have allowed him to gain valuable perspectives on the implementation and impact of the work of SAY. He currently serves as the Artistic Director and a member of the Board of Trustees.



DANIELLE LENEÉ

Programming Associate

Danielle is an award-winning actress, performer, and supporter of all things SAY. Danielle has performed on various stages, receiving recognition in the New York Times for Off-Broadway performance and awarded Best Supporting Actress in a Play in the Philadelphia Annual Barrymore Awards. Danielle joined the SAY family in 2011 as a Camp Counselor and hasn't looked back since. She has been a proud ally of SAY for over a decade and couldn't imagine her life without this community.

MORE SAY PROGRAMS

CONFIDENT VOICES

Confident Voices is SAY's award-winning Creative Arts Program that empowers, emboldens, and inspires young people who stutter, ages 8-18, in NYC. In this space, everyone has as much time as they need to speak, and everyone is encouraged to share their creative, unique, and extraordinary ideas and imagination.

CAMP SAY

Camp SAY is an ACA-accredited, 2-week summer camp for young people who stutter, ages 8-18. Kids and teens who stutter have endless fun while building confidence and independence, improving communication skills, and forming lifelong friendships. Campers feel free to express themselves without fear or ridicule and have as much time as they need to speak.

SAY: SPEECH

SAY's speech therapy program is led by speech-language pathologist and board-certified stuttering specialist Brooke Leiman Edwards, MA, CCC-SLP, BCS-SCF. It embraces a holistic approach to stuttering therapy that addresses the individual needs and goals of each child and family. We currently offer speech services to families all over DC, MD, and NY, ages 3-18.

SAY: DC

SAY: DC is a free, mixed-age, creative arts program focused on self-expression, collaboration, and connection for ages 5-18. SAY: DC programs leverage the power of listening, art-making, and community to open up new worlds of possibility for each participant. Participants build confidence, communication skills, and lasting friendships.

ABOUT SAY

SAY: The Stuttering Association for the Young is a national 501(c)(3) non-profit organization that provides support, advocacy, and life-changing experiences for young people who stutter, ages 3-18. For over 20 years, SAY has offered comprehensive and innovative programs that address the physical, social, and emotional impacts of stuttering. Through summer camp, regional day camps, speech therapy, and creative arts programming, SAY builds a community of acceptance, friendship, and encouragement where kids and teens who stutter can develop the confidence and communication skills they need to thrive. We are committed to breaking down barriers to participation, which is why our school-year programming is offered **free of charge**.



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