



SAY: DC

**Builds Confidence,
Communication, and
Community**

CREATING ART AND COMMUNITY

SAY: DC programs leverage the power of listening, art-making, and community to open up new worlds of possibility for each participant. For over twenty years, the SAY approach has been based on the belief that each young person has an important story to tell and also possesses the ability to share it with the world in a unique and powerful way.

SAY: DC is a free, mixed-age, weekly creative arts program focused on self-expression, collaboration, and connection for ages 5-18.



“SAY: DC has been a tremendous blessing in our lives. The staff is so caring, warm, supportive, and fun! Our son has a blast seeing his friends and doing creative activities each week.”

— SAY Parent



THE POWER OF THE ARTS

At SAY, we believe the arts are for everybody. Here, young people can feel free to explore new modes of expression in a safe and supported context. At the forefront is our trust in the power of listening and the inner strength that comes from nurturing supportive friendships. When you know your friends truly understand and empathize with you and have your back, you can do anything.

SAY: DC weekly gatherings happen every Saturday. Held at the SAY: DC Studio on Rhode Island Avenue NW, these "Clubhouse" gatherings are offered 100% free of charge. All project materials will be provided.



"As someone who stuttered growing up, our family's appreciation for the SAY: DC community can not be measured. Our daughter's confidence level has soared as she looks forward to the weekend sessions with the SAY: DC family."

— SAY Parent

THE SAY: DC WAY

At Clubhouse gatherings, we come together to create a community of fun, support, creativity, and imagination. With the guidance of SAY: DC Co-Founder and Director, Leigh Pennebaker, and a team of accomplished Teaching Artists, participants explore a variety of approaches to making art. We emphasize increasing confidence, maximizing joy, unleashing curiosity, and inspiring collaboration. Over the course of the year, projects will incorporate creative writing, printmaking, sculpture, painting, mixed-media, drawing, creative movement, games, textile art, jewelry-making, acting, and improvisation. The Clubhouse creates a supportive haven to make new friends and explore self-expression in a caring, safe environment.



IN THE HEART OF DC

Central to our mission is the breaking down of all financial barriers to attendance. SAY: DC is dedicated to providing our award-winning programming completely free of charge.

SAY: DC is centrally located in the vibrant Golden Triangle, just two blocks from the Farragut North and Dupont Circle Metro Stations. Our open and expansive studio space is awash with natural light and stunning views of the city skyline. It is a place for the SAY: DC community to feel welcomed and inspired.

MEET THE DIRECTOR



LEIGH PENNEBAKER

Director and Co-Founder
of SAY: DC

Leigh Pennebaker has been involved with SAY since the lead-up to its founding in 2001. She graduated from Millsaps College earlier that year with a BA in Studio Art, a background that prepared her to serve as the costume designer of the very first SAY shows, while also volunteering her time as a teaching artist and member of the backstage crew. Over the subsequent decades, she has taken on many roles with the organization, and her favorite job of them all has been working as Director of Art at Camp SAY. Seeing kids inspire each other, bravely venture into unfamiliar territory together, surprise themselves with their own abilities, and ultimately get hooked on the creative process reminds Leigh of why she follows the path of the Artist, herself.

Her work was included in several group shows in New York and Provincetown, and was displayed on the walls at the The Daily Show: With Jon Stewart. Leigh's work is in numerous private collections across the US and Europe. In 2019 she Co-Founded SAY: DC with Taro Alexander.

MORE SAY PROGRAMS



CONFIDENT VOICES

Confident Voices is SAY's award-winning Creative Arts Program that empowers, emboldens, and inspires young people who stutter, ages 8-18, in NYC. In this space, everyone has as much time as they need to speak, and everyone is encouraged to share their creative, unique, and extraordinary ideas and imagination.

CAMP SAY

Camp SAY is an ACA-accredited, 2-week summer camp for young people who stutter, ages 8-18. Kids and teens who stutter have endless fun while building confidence and independence, improving communication skills, and forming lifelong friendships. Campers feel free to express themselves without fear or ridicule and have as much time as they need to speak.

SAY: SPEECH



SAY's speech therapy program is led by speech-language pathologist and board-certified stuttering specialist Brooke Leiman Edwards, MA, CCC-SLP, BCS-SCF. It embraces a holistic approach to stuttering therapy that addresses the individual needs and goals of each child and family. We currently offer speech services to families all over DC, MD, and NY, ages 3-18.

THE MY STUTTER PROJECT

The My Stutter Project offers an online space for young people who stutter to make friends with others who understand what they're going through, have a creative outlet, and learn new ways of advocating for themselves. This online program offers community, support, and creative workshops for young people who stutter worldwide.

ABOUT SAY

SAY: The Stuttering Association for the Young is a national 501(c)(3) non-profit organization that provides support, advocacy, and life-changing experiences for young people who stutter, ages 3-18. For over 20 years, SAY has offered comprehensive and innovative programs that address the physical, social, and emotional impacts of stuttering. Through summer camp, regional day camps, speech therapy, and creative arts programming, SAY builds a community of acceptance, friendship, and encouragement where kids and teens who stutter can develop the confidence and communication skills they need to thrive. We are committed to breaking down barriers to participation, which is why our school-year programming is offered **free of charge**.



Leigh Pennebaker

Director and Co-Founder of SAY: DC

Leigh@SAY.org



SAY: DC Office

1730 Rhode Island Avenue NW, Suite 803

Washington, DC 20036

202-919-4848



Website

SAY.org | [SAY.org/dcprograms](https://say.org/dcprograms)