



SAY: Speech Therapy

**Builds Confidence,
Communication, and
Community**

THE SAY APPROACH

SAY's speech therapy program is led by speech-language pathologist and board-certified stuttering specialist Brooke Leiman Edwards, MA, CCC-SLP, BCS-SCF. It embraces a holistic approach to stuttering therapy that addresses the individual needs and goals of each child and family. We offer speech services to families in DC, MD, and NY, ages 3-18. Our approach incorporates education & advocacy, fear & avoidance reduction, physical strategies to make speaking easier, family & community integration, and a focus on overall communication skills. **Sliding scale fees** are available so that every child has access to SAY: Speech.

We are fully dedicated to addressing the challenges of stuttering and helping young people increase self-esteem, develop independence, and enjoy more dynamic school and social participation.



"I've developed much stronger communication skills in speech therapy. I can now communicate my thoughts and ideas, and everyone really understands me. It feels great!"

— Tyler, age 15



Recipient of the
2013 SPECIAL CITATION
from the NY State
Speech-Language Hearing
Association



ALWAYS INDIVIDUALIZED

SAY embraces a whole-child approach to generate the most meaningful and lasting results.

We recognize that stuttering is like an iceberg, where only a small portion of the challenges facing a child who stutters—the audible and visible aspects of stuttering—may be noticed by others. Like an iceberg, the deeper issues of fear, confusion, denial, anger, shame, guilt, and anxiety often remain far beneath the surface.

Early intervention with a speech-language therapist who specializes in stuttering maximizes both short-term and long-term change. We develop individualized treatment programs based on each young person's unique goals and challenges, and tailor strategies for pre-schoolers, school-age kids, and teens.



"Alex has developed such incredible communication skills at SAY. He's grown from a child who didn't share his opinions into a vibrant and playful boy who openly discusses his thoughts and ideas. This program is truly amazing!"

— Alex's Mom

We believe that every voice matters, and SAY encourages young people to discover their own unique and beautiful voices.

Our comprehensive services include informative consultations and referrals, diagnostic evaluations, individual and group tele-therapy sessions, parent support & networking groups, consultations with other service providers, and other professional resources and outreach.

Our services help young people become more confident at home, school, work, and in their community. Sessions provide a fully accepting environment where kids and teens safely share their thoughts and fears and develop a plan that leads to successful and joyful communication.

MEET THE DIRECTOR



BROOKE LEIMAN EDWARDS

Director of SAY: Speech

**2024 Recipient of the
"Clinician of the Year
Award" by the World
Stuttering and Cluttering
Organization (WSCO)**

Brooke Leiman Edwards, MA, CCC-SLP, BCS-SCF is a speech-language pathologist and board-certified stuttering specialist (BCS-SCF) with over 15 years of experience directing stuttering clinics and volunteering in the stuttering community. Brooke joined SAY in 2022 with a passion for empowering children and teens to be confident, effective communicators. Brooke has provided presentations and authored articles and resources for organizations such as the American Board of Stuttering, Cluttering and Fluency Disorders (ABSCF), the American Speech Language Hearing Association (ASHA), the NYC Department of Education and [Speechpathology.com](https://www.speechpathology.com). Brooke has served two terms on the executive board for the American Board of Stuttering, Cluttering and Fluency Disorders (2018-2023) as well as two terms on the coordinating committee for ASHA's Special Interest Group 4: Fluency and Fluency Disorders (2017-2022).

MORE SAY PROGRAMS



SAY: PARENTS

The SAY: Parents program is a free, monthly online group meeting aimed at building a supportive community for parents and caregivers by offering a safe, empowering space for learning and growth. Parents leave feeling more informed, supported and like they are a part of a strong community.

CAMP SAY

Camp SAY is an ACA-accredited, 2-week summer camp for young people who stutter, ages 8-18. Kids and teens who stutter have endless fun while building confidence and independence, improving communication skills, and forming lifelong friendships. Campers feel free to express themselves without fear or ridicule and have as much time as they need to speak.

THE MY STUTTER PROJECT



The My Stutter Project program offers an online space for young people who stutter to make friends with others who understand what they're going through, have a creative outlet, and learn new ways of advocating for themselves. This online program offers community, support, and creative workshops for young people who stutter worldwide.

INTERVISION

SAY offers a free bi-monthly virtual peer mentorship group called "Intervision." At Intervision, SLPs of all levels of experience gather via Zoom to share and learn from one another through case presentations and breakout discussion groups.

ABOUT SAY

SAY: The Stuttering Association for the Young is a national 501(c)(3) non-profit organization that provides support, advocacy, and life-changing experiences for young people who stutter, ages 3-18. For over 20 years, SAY has offered comprehensive and innovative programs that address the physical, social, and emotional impacts of stuttering. Through summer camp, regional day camps, speech therapy, and creative arts programming, SAY builds a community of acceptance, friendship, and encouragement where kids and teens who stutter can develop the confidence and communication skills they need to thrive. We are committed to breaking down barriers to participation, which is why our school-year programming is offered **free of charge**.



Brooke Leiman Edwards

Director of SAY: Speech

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